

How to Participate

1. School staff provides family with class information flyer and schedule.
2. Parents call 503-823-0088 to register.
3. Parents leave a message with name and phone number.
4. Parents leave the class they are planning to attend on the message.
5. Family receives a phone call confirming their registration.
6. If the class is canceled for lack of participation, families will be notified.

Information on the Class

Classes are two hours.
Classes are FREE.
Classes are taught by social workers.
Classes are taught in English.
A partnering substance abuse treatment provider sometimes will co-lead.
Classes are held in local schools.
Students are asked to bring the flyer provided at referral.

Partners

Special thanks to the school counselors and treatment providers from across East Multnomah County who contributed so much time to the development and implementation of this FREE program for families.

- *Police Activities League*
- *Gresham-Barlow Schools*
- *Reynolds Schools*
- *Centennial Schools*
- *Behavioral Northwest Healthcare Services*
- *LifeWorks Northwest*
- *Center for Family and Adolescent Research (CFAR)*

CONTACT

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STOP ACT Grant
Office of National Drug Control Policy
SAMSHA*



FAMILY EMPOWERMENT



***A Two Hour Class
for Teens & Parents***



What the program offers:

- A positive way to support and engage parents and teens together.
- A chance for families to meet community counselors outside of school with other families.
- A way to achieve an alternative approach to drug and alcohol disciplinary processes.
- An opportunity to engage teens in learning new skills.
- A way for families to find further assistance with mental health issues, truancy, and alcohol and drug concerns.
- New information about the teen brain and how it operates.
- Specific tools to help teens build school success.
- Communication tools and ability to work together for shared solutions.

The Family Empowerment Program is a one-time class that is open to any family with a student in grades 7 through 12 attending a school in East Multnomah County.

Program Goals

- ***Bringing families together***
- ***Keeping youth in school***
- ***Reducing truancy***
- ***Keeping our youth drug and alcohol free***

Referral Levels

1) A required class

For students in suspension who agree to do the class with their parents instead of other sanctions or to reduce suspension time for drug/alcohol violations or other violations (e.g. fighting).

2) A recommended class

For students who are not suspended but who are at risk for:
Alcohol and drug concerns
Family communication problems
Truancy or school failure

3) A voluntary class

For families seeking new resources and information about teen issues like peer pressure, drug and alcohol use, and other high-risk behaviors.

Class Schedule & Locations

Thursdays, 6-8 PM

First Thursday

Reynolds Learning Academy
20234 NE Halsey St.

Second Thursday

Centennial Learning Center
17630 SE Main St.

Third Thursday

Clear Creek Middle School
219 NE 219th Ave.

Fourth & Fifth Thursday

Springwater Trail High School
1440 SE Fleming Ave.

Saturdays 10a.m. to noon

East Co. class locations and dates will vary.

Registrants will receive a call confirming registration and the specific class location.

Call (503) 823-0088

for Saturday class Information.